

Free Yoga Tuesdays at ASPV

3-3:30 for ages 6 and under

3:30-4:10 for ages 7 & up (even moms & dads)

For the PV Community

3:30-4:10
ages 7 &
up



Where:

In All Purpose Room on Tuesdays. Please bring a mat or a towel. If you have questions, call Anna at: 044-322-147-7008 or anna@davannayoga.com www.davannayoga.com



3:00-3:30
ages 3-6



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